



208 S Hartley Lane  
Middleton, ID 83644  
208-614-0655  
[www.forgeintl.org](http://www.forgeintl.org)

Hello Forge Families,

The USDA extended flexibilities in it's Summer Food Service Program (SFSP) and Seamless Summer Option (SSO), which allows schools and other sites to provide meals at no cost to all children through the school year. This is a continuation of the Families First Coronavirus Response Act (the FFCRA). The purpose of this act is to support access to nutritious meals while minimizing potential exposure to the novel coronavirus (COVID-19).

Forge International School is thrilled to participate in this program by serving both breakfast and lunch to all of our enrolled students at no cost for the duration of the 2021-2022 school year!

The goal is to ensure that all children in our school community continue to get nutritious meals. The daily breakfast meal pattern includes 1 cup of fruit, whole grains and 8 oz of fat free or 1% milk. The daily lunch meal pattern includes ½ cup of fruit, ¾ cup of vegetables, whole grains, lean protein and 8 oz of fat free or 1% milk.

Please email our Nutrition Coordinator, Lori Howard at [lori.howard@forgeintl.org](mailto:lori.howard@forgeintl.org) if you have any questions or would like additional information.

\*This institution is an equal opportunity provider.

\*USDA.org



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*Office of the Assistant Secretary for Civil Rights*

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