

# Illness Decision Tree for Schools

## Q1: Are you experiencing COVID-19 symptoms? They include:

- » Fever (100.4°F or 38°C) without having taken any fever-reducing medications, such as acetaminophen or ibuprofen.
- » Chills
- » Cough
- » Fatigue
- » New or unusual headache
- » Muscle aches
- » Congestion or runny nose
- » Loss of smell or taste
- » Nausea, vomiting, diarrhea, or loss of appetite
- » Sore throat
- » Shortness of breath

(One or more of these symptoms that is a new onset or is an increase in severity)

**YES, I HAVE SYMPTOMS**

**NO SYMPTOMS**

## Q2: HAVE YOU -

**2.1:** Had close contact with a confirmed or suspected COVID-19 case?

**2.2:** Travel to or live in an area that is designated Category 3 (Substantial Community Transmission)?

**YES, to 1 or more**

**NO**

Quarantine yourself and contact your healthcare provider (HCP).

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

Stay at home until you are fever free without medication for 24 hours and symptoms improve or resolve per school illness policy.

Have you been in contact with someone who has been diagnosed with or tested positive for COVID-19? (within 6 feet for 15 minutes or more)

**YES**

**NO**

Quarantine yourself for 14 days from last exposure date.

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

Practice physical distancing and good hygiene.

**If YES to 2.1:**

Isolate for 10 days from the onset of symptoms.

**If YES to 2.2 & you received an alternative diagnosis or negative test:**  
Follow HCP & school guidance on when to return.

**If NOT tested:**  
Isolate for 10 days from onset of symptoms and follow school return policy.

Anyone who has been identified as a close contact needs to quarantine regardless of symptoms or other illnesses, **EVEN** if you receive a negative test result.

**If YES to any of these, call:**